

Chores for Earning Screen Time

Task/Chore	Points	Points Earned
Complete homework on time	50	
Clean your room	30	
Help prepare dinner	40	
Take out the trash and replace bag	20	
Read for 30 minutes	25	
Walk the dog	30	
Load and unload the dishwasher	25	
Sweep and mop the kitchen	30	
Wash windows	40	
Dust one room of the house	20	

Chores to Avoid Being Grounded

Task/Chore	Points	Points Earned
Attend all online classes/sessions without skipping	50	
Complete all assigned chores for the week	40	
Be respectful and follow house rules	50	
Help with a family project or task	30	
Complete extra academic work	30	
Volunteer for an additional household task	20	
Participate in a family activity without complaints	30	
Maintain a clean and organized study area	25	
Avoid negative behavior	50	
Take initiative to do something helpful	40	

Chores for Money-Making (Especially for BAME Community)

Task/Chore	Points	Points Earned
Help with yard work (e.g, mowing, raking leaves)	100	
Wash the car	100	
Babysit younger siblings or neighbors' children	100	
Assist with grocery shopping	60	
Sell homemade crafts or baked goods	100	
Run errands for neighbors	80	
Help with family business tasks	100	
Participate in a community clean-up event	70	
Organize a garage sale and help sell items	100	
Teach a skill or subject to younger children	90	